



LUNCH



403 762 2633 403 – 76BANFF
11:30AM – 5PM



Lagniappes 'a little something extra'



Hushpuppies & Sweet Cornbread \$8.95
with house made green tomato jam

Grilled Garlic Cheese Flatbread \$9.95
served with balsamic dip

TOOLOULOU'S CRAB CAKES
One Crab Cake \$9.95 Two Crab Cakes \$17.95
served with fresh lime sauce

Alligator Bites 18.95
crispy fried served with Creole tartar sauce (seasonal)

Cajun Calamari 14.95
baby squid served with spicy Creole sauce

Deep Fried Oysters 13.95
with tangy cocktail sauce dip

Popcorn Shrimp 14.95
bourbon Cajun fried shrimp with cocktail sauce

Creamy Crab Dip 16.95
baked cheese, seasonings & crabmeat served with mardi gras chips

BIG Easy Chicken Tenders 13.95
crispy fried chicken breast tenders served with house bbq sauce

Catfish Bites 13.95
golden fried catfish served with Creole tartar sauce

Garlic Chili Shrimp 15.50
whole jumbo shrimp sautéed in garlic chili sauce served with crusty bread

Fried Green Tomatoes \$10.95
cornmeal dusted green tomatoes served with Creole remoulade sauce

Tabasco Wings \$14.95
ten wings tossed in Louisiana hot sauce served with ranch dressing

Southern Fried Pickle Spears \$9.95
served with ranch dressing

Bourbon Glazed Pork Belly 14.50
smoked crispy pork belly glazed with bourbon bbq sauce

Boudin Balls 12.95
traditional Louisiana blend of beef, pork, rice onions, peppers & seasonings

Louisiana Ditch Chicken 13.95
crispy fried frogs legs brushed with house bbq sauce & onion rings

Soft Shell Crab Toast 17.50
fried whole softshell crab on garlic toast brushed with Cajun lemon oil

Blackened Tenderloin Tips 14.50
beef tips served with bleu cheese dip

Bayou Bowls

SEAFOOD SAUSAGE GUMBO 18.95
seafood stew of shrimp, clams, baby scallops, andouille sausage with southern seasonings served over Cajun Dirty Rice

CREOLE JAMBALAYA 17.95
andouille sausage, chicken, Cajun Dirty Rice in spicy Creole sauce

SHRIMP LOBSTER ETOUFFEE 18.95
shrimp, lobster, onion, bell peppers, celery, tomatoes in a spicy cayenne butter sauce over Cajun Dirty Rice

TASTE OF N'AWLIN'S 22.95
Trinity of Creole Jambalaya, Shrimp Lobster Etouffee & Seafood Sausage Gumbo over Cajun Dirty Rice

THE BIG EASY 18.95
linguini with baby scallops, baby clams, pork belly & Creole sauce

SHRIMP & GRITS YAYA 19.95
fried green tomatoes & cheesy garlic grits topped with spicy garlic shrimp in our YaYa bbq sauce

MILE HIGH STIR FRY 16.95
fresh zucchini, broccoli, onion, bell peppers, mushrooms, seasonings served over white rice
add spicy shrimp, scallops or blackened chicken \$6.99

RED BEANS & RICE 17.95
NOLA favourite simmered with smoked ham shanks
add andouille sausage \$3.95
add blackened chicken \$6.99

Soups & Salads

CRAB & CORN BISQUE 9.95

COWBOY CAJUN SOUP 9.50
hearty blend of ground beef, vegetables & Cajun seasoning with a hint of heat ... a house favourite

TOOLOULOU EXPRESS 16.95
choice of soup with Zydeco or Lemon Garlic Caesar salad

MAGNOLIA SALAD 13.95
goat cheese, pecans, dried cranberries, mixed greens and honey mustard vinaigrette

LEMON GARLIC CAESAR 11.95
romaine lettuce, cornbread crumble & parmesan cheese tossed with lemon garlic Caesar dressing
add blackened chicken, shrimp or scallops \$6.99

SOFT SHELL CRAB SALAD 18.95
fried whole softshell crab on mixed greens, bell peppers, onion, cucumber, tomato & avocado & house dressing

ZYDECO HOUSE SALAD 9.95
mixed greens, cucumbers, bell peppers, tomatoes & red onion with balsamic vinaigrette

LOULOU WEDGIE 17.95
crisp lettuce wedge, tomatoes, cucumbers, pecans, bleu cheese, blackened shrimp & Dijon vinaigrette

SHRIMP REMOULADE SALAD 17.95
warm spicy shrimp tossed in Creole remoulade sauce over fresh spinach, mushrooms & red onions

BLACKENED JACK 18.95
blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, home style greens & bleu cheese dressing - lunch for one - or plenty to share



A Little Louisiana .. A Little Acadiana .. A Little Canadiana

Sides

HUSHPUPPIES 7.95

SWEET CORNBREAD 7.95

SINGLE SLICE CORNBREAD 2.95

CHEESY GARLIC GRITS 6.25

ANDOUILLE MAC'N CHEESE 6.95



FRESH CUT FRIES 7.95

CAJUN FRIES 7.95

SWEET POTATO FRIES 8.95

ONION RINGS 8.95

DIRTY RICE 5.25

CUP SOUP 5.25

FAVOURITES OF THE HOUSE

FISH & CHIPS 18.95

battered catfish filet marinated in hot sauce with Creole tartar sauce

BIG DADDY BBQ RIBS 19.95

baby back pork ribs brushed with tangy house bbq sauce served with Cajun dirty rice or fresh cut fries

BLACKENED SHRIMP QUESADILLA 17.95

with Monterey jack & cheddar cheeses, Creole sauce & sour cream

BBQ PORK QUESADILLA 17.95

with Monterey jack cheddar cheeses topped with sour cream

FISH TACO 17.95

blackened catfish, tomatoes, cucumbers, lettuce & fresh lime sauce served with Cajun slaw
add avocado \$3.50 add cheddar jack cheese \$1.99

CHICKEN FRIED STEAK 18.95

seasoned beef minute steak battered & fried, peppercorn gravy, cheesy garlic grits and Cajun slaw

ANDOUILLE MAC'N CHEESE 16.95

cheesy Cajun seasoned macaroni with andouille sausage add blackened shrimp or chicken \$6.99

STEAK SANDWICH 19.95

AAA 6oz sirloin steak with French fries

MISSISSIPPI MUSSELS 19.95

steamed in garlic & white wine served in our spicy Creole sauce with sweet cornbread



SANDWICHES

CAJUN CLUB WRAP 16.50

blackened chicken, bacon, tomato, avocado lettuce, cheddar jack cheese, ranch dressing

CHICKEN CAESAR WRAP 16.50

crisp fried chicken tenders, bacon, lettuce, asiago & mozzarella cheeses, house Caesar dressing

BAYOU BLACKJACK WRAP 18.95

blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, home greens, bleu cheese dressing

ACADIAN BLT 14.25

Canadian bacon, lettuce, tomato slices, mayonnaise on whole grain toast

GRILLED CHEESE & CANADIAN BACON 14.25

cheddar cheese & CDN bacon on whole grain toast

SMOKED SALMON BAGEL 15.50

½ plain bagel toasted, cream cheese, red onion & capers

VEGGWICH WRAP 15.50

tomato slices, avocado, cucumber, red onion lettuce, pepperjack cheese, creolaise



Po'Boys



All Po'boy's served on a grilled baguette with fresh lettuce & tomato

BURGERS

**choice of fresh cut fries, Cajun fries, sweet potato fries, Zydeco house or Lemon Garlic Caesar salad
** substitute a cup of soup \$2.50
**add a cup of soup \$5.25

BIG DADDY 18.95

½ pound beef burger, cheddar cheese, lettuce, tomato, onion, mustard, mayo, pickle

CRAZY CAJUN 18.95

½ pound beef burger, fried mushrooms, bacon, cheddar, creolaise, lettuce, tomato

BLEU'S BURGER 18.95

½ pound beef burger, bacon, bleu cheese, lettuce, tomato, creolaise

CANADIAN BIG DADDY 19.95

Big Daddy burger with ham & bacon

BLAZIN' BOURBON BURGER 18.95

½ pound bourbon rubbed beef burger, pepper jack cheese, grilled mushrooms, creolaise, lettuce, tomato

PEPPER JACK RANCH 18.95

grilled boneless chicken breast, bacon, pepper jack cheese, bbq sauce, lettuce, tomato

BLACK BEAN VEGGIE BURGER 17.95

house made veggie burger, creolaise, lettuce, tomatoes, pickle



SANDWICHES - BURGERS - PO'BOYS

choice of fresh cut fries, Cajun fries, sweet potato fries, Zydeco house or Lemon Garlic Caesar salad
** substitute a cup of soup \$2.50
**add a cup of soup \$5.25

BUBBA SHRIMP 18.95

cajun fried shrimp and creolaise

CATFISH 16.95

blackened catfish & creole tartar sauce

CRABILICIOUS 17.95

crab cake & fresh lime sauce

BBQ PORK 17.95

slow cooked pulled pork in house bbq sauce

BLACKENED CHICKEN 18.95

blackened chicken breast with creolaise

SOFT SHELL CRAB 19.95

whole fried soft shell crab & creole tartar sauce

BBQ DUCK 17.95

bbq pulled duck in house bbq sauce

BOUDIN BALL 17.95

blend of beef, pork, rice, onions, peppers & creole mustard

DEEP FRIED OYSTER 17.95

deep fried oysters & tangy cocktail sauce

BLACKENED TENDERLOIN TIPS 18.95

beef tips with creole mustard

ANDOUILLE SAUSAGE 17.95

house andouille sausage with creole mustard

FRIED GREEN TOMATO 16.95

with creole remoulade sauce

