



Banff Alberta

LUNCH 11:30AM – 5PM

403-762-2633

BAYOU BOWLS

SEAFOOD SAUSAGE GUMBO \$18.75
seafood stew of shrimp, clams, scallops, andouille sausage with southern seasonings served over Cajun Dirty Rice

CREOLE JAMBALAYA \$17.95
andouille sausage, chicken, Cajun Dirty Rice in spicy Creole sauce

SHRIMP LOBSTER ETOUFFEE \$18.75
shrimp, lobster, onion, bell peppers, celery, tomatoes in a spicy cayenne butter sauce over Cajun Dirty Rice

TASTE N'AWLIN'S \$21.95
Trinity of Creole Jambalaya, Shrimp Lobster Etouffee & Seafood Sausage Gumbo over Cajun Dirty Rice

THE BIG EASY \$18.95
linguini with scallops, baby clams, rock crab & Creole sauce

SHRIMP & GRITS YAYA \$19.25
fried green tomatoes & cheesy garlic grits topped with spicy garlic shrimp in our YaYa bbq sauce

MILE HIGH STIR FRY \$16.95
*fresh zucchini, broccoli, onion, bell peppers, mushrooms, seasonings served over white rice
 add spicy shrimp or scallops \$6.99 add chicken \$5.99*

RED BEANS & RICE \$17.95
*NOLA favourite simmered with smoked ham shanks
 add andouille sausage \$3.95 add blackened chicken \$5.99*

SOUP & SALAD

CRAB & CORN BISQUE \$ 9.95

SWAMPBURGER SOUP \$ 9.25
heartly blend of ground beef, vegetables & Cajun seasoning

TOOLOULOU EXPRESS \$15.95
choice of soup with Zydeco or Lemon Garlic Caesar salad

MAGNOLIA SALAD \$12.95
goat cheese, pecans, dried cranberries, mixed greens and honey mustard vinaigrette

LEMON GARLIC CAESAR \$10.95
*romaine lettuce, cornbread crumble & parmesan cheese tossed with lemon garlic Caesar dressing
 add blackened chicken, shrimp or scallops \$7.00*

SOFT SHELL CRAB SALAD \$17.95
fried whole softshell crab on mixed greens, bell peppers, onion, cucumber, tomato & avocado & house vinaigrette

ZYDECO HOUSE SALAD \$ 9.50
mixed greens, cucumbers, bell peppers, tomatoes & red onion with balsamic vinaigrette

LOULOU WEDGIE \$17.95
crisp lettuce wedge, tomatoes, cucumbers, pecans, bleu cheese, Dijon vinaigrette. Choice of blackened shrimp or chopped lobster tail

SHRIMP REMOULADE SALAD \$16.95
Warm spicy shrimp tossed in Creole remoulade sauce over Fresh spinach, mushrooms & red onions

BLACKENED JACK \$17.95
blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, home style greens & bleu cheese dressing

LAGNIAPPES (a little something extra!)

HUSHPUPIES & CORNBREAD \$ 6.95

GRILLED GARLIC CHEESE FLATBREAD \$ 8.95

TOOLOULOU'S CRAB CAKES
 One Crab Cake \$8.50 Two Crab Cakes \$15.95

ALLIGATOR BITES \$17.95

crispy fried served with Creole tartar sauce (seasonal)

CAJUN CALAMARI \$13.95

baby squid served with spicy Creole sauce

DEEP FRIED OYSTERS \$12.95

POPCORN SHRIMP \$13.95

bourbon Cajun fried shrimp with cocktail sauce

CREAMY CRAB DIP \$15.95

baked cheese, seasonings & crabmeat served with mardi gras chips

BIG EASY CHICKEN TENDERS \$12.95

crispy fried chicken breast tenders served with house bbq sauce

CATFISH BITES \$12.95

golden fried catfish served with Creole tartar sauce

GARLIC CHILI SHRIMP \$14.95

whole jumbo shrimp sautéed in garlic chili sauce served with crusty bread

FRIED GREEN TOMATOES \$ 9.95

cornmeal dusted green tomatoes served with Creole remoulade sauce

TABASCO WINGS \$13.95

ten wings tossed in Louisiana hot sauce served with ranch dressing

SOUTHERN FRIED PICKLE SPEARS \$ 9.95

served with ranch dressing

BOURBON GLAZED PORK BELLY CHUNKS \$13.95

smoked crispy pork belly glazed with bourbon bbq sauce

BOUDIN BALLS \$10.95

traditional Louisiana blend of beef, pork, rice onions, peppers & seasonings

LOUISIANA DITCH CHICKEN \$12.95

crispy fried frogs legs brushed with house bbq sauce & onion rings

SOFT SHELL CRAB TOAST \$16.95

fried whole softshell crab on garlic toast brushed with Cajun lemon oil

BLACKENED TENDERLOIN TIPS \$13.95

beef tips served with bleu cheese dip

POBOYS All Po'boy's served on a grilled baguette with fresh lettuce & tomato

BUBBA SHRIMP	\$17.95
<i>cajun fried shrimp & creolaise</i>	
CATFISH	\$16.95
<i>blackened catfish & creole tartar sauce</i>	
CRABILICIOUS	\$16.95
<i>crab cake & fresh lime sauce</i>	
BBQ PORK	\$16.95
<i>slow cooked pulled pork in house bbq sauce</i>	
BLACKENED CHICKEN	\$17.95
<i>blackened chicken breast with creolaise</i>	
SOFT SHELL CRAB	\$19.95
<i>whole fried soft shell crab & creole tartar sauce</i>	
BBQ DUCK	\$16.95
<i>bbq pulled duck in house bbq sauce</i>	
BOUDIN BALL	\$16.95
<i>blend of beef, pork, rice, onions, peppers & creole mustard</i>	
OYSTER	\$16.95
<i>deep fried oysters & tangy cocktail sauce</i>	
BLACKENED TENDERLOIN TIPS	\$18.95
<i>beef tips with creole mustard</i>	
ANDOUILLE SAUSAGE	\$16.95
<i>house andouille sausage with creole mustard</i>	
FRIED GREEN TOMATO	\$15.95
<i>with creole remoulade sauce</i>	

** choice of fresh cut fries, cajun fries, sweet potato fries, Zydeco house salad or lemon garlic Caesar salad

SIDES

Hushpuppies	\$6.95	Cheesy Garlic Grits	\$6.25
Sweet Cornbread	\$6.95	Single Slice Cornbread	\$2.50
Fresh Cut Fries	\$7.95	Sweet Potato Fries	\$8.95
Cajun Fries	\$7.95	Onion Rings	\$8.95
Dirty Rice	\$5.25	Cup Soup	\$5.20
Andouille Mac N' Cheese	\$5.95		

HOUSE FAVOURITES

FISH & CHIPS	\$17.95
<i>battered catfish filet marinated in hot sauce, Creole tartar sauce</i>	
BIG DADDY BBQ RIBS	\$19.95
<i>served with Cajun dirty rice or fresh cut fries</i>	
SHRIMP QUESADILLA	\$16.95
<i>with Monterey jack & cheddar cheeses, Creole sauce & sour cream</i>	
BBQ PORK QUESADILLA	\$16.95
<i>with Monterey jack cheddar cheeses topped with sour cream</i>	
FISH TACO	\$16.95
<i>blackened catfish, tomatoes, cucumbers, lettuce & fresh lime sauce</i>	
add avocado \$3.25 add cheddar jack cheese \$1.99	
CHICKEN FRIED STEAK	\$17.95
<i>seasoned beef minute steak battered & fried with choice of peppercorn or biscuit gravy</i>	
ANDOUILLE MAC N' CHEESE	\$16.95
<i>cheesy cajun seasoned macaroni with andouille sausage</i>	
add blackened shrimp \$6.99	
add blackened chicken \$5.99	
STEAK SANDWICH	\$17.95
<i>AAA 6oz sirloin steak with French fries</i>	
MISSISSIPPI MUSSELS	\$19.95
<i>steamed in garlic & white wine served in our spicy Creole sauce</i>	

SANDWICHES

CAJUN CLUB WRAP	\$15.25
<i>blackened chicken, bacon, tomato, avocado, lettuce, cheddar jack cheese, ranch dressing</i>	
CHICKEN CAESAR WRAP	\$15.25
<i>crisp chicken tenders, bacon, lettuce, asiago & mozzarella cheeses, house Caesar dressing</i>	
BAYOU BLACK JACK WRAP	\$16.95
<i>blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, home greens, bleu cheese dressing</i>	
VEGGWICH WRAP	\$14.75
<i>tomato slices, avocado, cucumber, red onion, lettuce, pepperjack cheese, creolaise</i>	



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BIG BAD BURGERS on a grilled bun

BIG DADDY	\$17.95
<i>½ pound beef burger, cheddar cheese, lettuce, tomato, onion, mustard, mayo, pickle</i>	
CRAZY CAJUN	\$17.95
<i>½ pound beef burger, fried mushrooms, bacon, cheddar, creolaise, lettuce, tomato</i>	
BLEU'S BURGER	\$17.95
<i>½ pound beef burger, bacon, bleu cheese, lettuce, tomato, creolaise</i>	
CANADIAN BIG DADDY	\$18.95
<i>Big Daddy burger with ham & bacon</i>	
BLAZIN' BOURBON BURGER	\$17.95
<i>½ pound bourbon rubbed beef burger, pepper jack cheese, grilled mushrooms, creolaise, lettuce, tomato</i>	
PEPPER JACK RANCH	\$17.95
<i>grilled boneless chicken breast, bacon, pepper jack cheese, bbq sauce, lettuce, tomato</i>	
CRAB SHACK	\$17.95
<i>crab cake, pepperjack cheese, cocktail sauce, lettuce, onion, tomato</i>	
BLACK BEAN VEGGIE BURGER	\$16.95
<i>house made veggie burger, creolaise, lettuce, tomatoes, pickle</i>	

** choice of fresh cut fries, Cajun fries, sweet potato fries, Zydeco house or Lemon Garlic Caesar salad

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** substitute a bowl of soup \$2.50 add a bowl of soup \$5.20

ACADIAN BLT	\$12.95
<i>Canadian bacon, lettuce, tomato slices, mayonnaise on whole grain toast</i>	
GRILLED CHEESE & CANADIAN BACON	\$12.95
<i>cheddar cheese & CDN bacon on whole wheat toast</i>	
SMOKED SALMON BAGEL	\$14.95
<i>½ plain bagel, cream cheese, red onion & capers</i>	