

tooloulou's

gluten friendly

salads

Zydeco House \$ 8.95
Mixed greens, cucumbers, bell peppers, tomatoes & red onion with balsamic vinaigrette

Shrimp Remoulade \$16.20
Fresh spinach, mushrooms & red onion topped with a crab claw & our warm Bacon dressing

Lemon Garlic Caesar \$10.75
Romain lettuce topped with gluten free toast & parmesan cheese tossed in lemon garlic Caesar dressing

Tabasco Caesar \$17.95
Lemon garlic Caesar topped with your choice of blackened chicken, shrimp or scallops

Magnolia \$12.99
Goat cheese, pecans & dried cranberries on mixed greens topped with honey mustard vinaigrette

LouLou Wedgie \$16.95
Crisp lettuce wedge, tomatoes, cucumbers & pecans topped with crumbled bleu cheese, Dijon vinaigrette and your choice of shrimp or chopped lobster tail

Blackened Jack \$16.99
Blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts & mushrooms on mixed greens with bleu cheese dressing

soup

Steve's Swampburger \$ 9.75
Hearty blend of ground beef, medley of vegetables & secret seasonings served with gluten free toast

Tooloulou Express \$15.95
Steve's Swampburger soup with your choice of Lemon Garlic Caesar or Zydeco salad served with gluten free toast

Sides

Fresh Cut Fries * \$ 7.25
Cajun Fries * \$ 7.25
Cajun Slaw \$ 4.10

lagniappes

Garlic & Chili Shrimp \$16.75
Whole jumbo shrimp sauteed in garlic & chili with gluten free toast

Blackened Tips \$13.35
Beef tenderloin tips with bleu cheese dip

Boudin Balls * \$10.95
Traditional blend of beef, pork, rice, onions, peppers & seasonings with Creole mustard

Pork Belly Chunks * \$12.99
Smoked crispy pork belly glazed with a bourbon bbq sauce

sandwiches

*with your choice of fresh cut fries *, Cajun fries *, Caesar or Zydeco house salad*

Black Jack Wrap \$18.50
Blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, mixed greens & bleu cheese dressing in a gluten free wrap

Cajun Club Wrap \$16.25
Grilled blackened chicken, bacon, tomatoe, avocado, lettuce, cheddar jack cheeses & ranch dressing in a gluten free wrap

VeggWich \$15.95
Tomato slices, avocado, cucumber, red onion, lettuce, pepper jack cheese & Creole mayonnaise in a gluten free wrap

Smoked Salmon Bagel\$14.95
Pacific wild smoked salmon, cream cheese, red onion & capers on gluten free toast

Acadian BLT \$13.95
Canadian bacon, lettuce, fresh tomato slices & mayonnaise on gluten free toast
Add cheddar cheese for \$1.95

Grill Cheese & Bacon \$13.75
Melted cheddar cheese & Canadian bacon grilled on gluten free bread

Please inform your server if you are celiac

Bayou bowls

Served with gluten free toast
Substitute white rice for Cajun rice

The Big Easy \$21.25
Gluten free noodles with scallops, baby clams & rock crab in Creole sauce

Pasta Creole \$20.25
Gluten free noodles with smokey sausage & chicken in Creole sauce

Mile High Stir Fry \$17.95
Zucchini, broccoli, onion, bell peppers & mushrooms with piquant house seasonings over white rice
Add spicy shrimp or scallops \$6.95
Add blackened chicken \$5.95

Creole Jambalaya \$17.99
Smokey sausage & chicken in spicy Creole sauce over Cajun Dirty Rice

ShrimpLob Etouffee \$19.75
Shrimp & lobster with onion, bell peppers, celery & tomatoes in a cayenne Cajun butter sauce over Cajun rice

Sea Sausage Gumbo \$19.75
Rich seafood stew with shrimp, clams, scallops, andouille sausage over Cajun dirty rice

Red Beans & Rice \$18.25
Slow simmered with smoked ham shanks served over Cajun rice.
Add andouille sausage \$2.95
Add blackened chicken \$5.95

Taste N'Awlin's \$21.95
Trinity of Jambalaya, Shrimp Lobster Etouffee & Seafood Sausage Gumbo over Cajun Dirty Rice

house spec

BBQ Ribs \$18.95
*Baby back pork ribs in house BBQ sauce served with Cajun rice or fries * & slaw*

Steak Sandwich \$18.95
*AAA Angus 6oz sirloin on gluten free toast with fries * & slaw*

Fish Taco \$17.95
Blackened catfish with fresh tomatoes, cucumbers, lettuce & lime sauce in a gluten free wrap with Cajun slaw
Add avocado for \$2.99