

# toolouou's

gluten friendly

## griddle

**Pancakes \$17.50**

with choice of:  
strip bacon, Canadian bacon, ham,  
sausage, chocolate chip, blueberries,  
cinnamon apple or caramel banana nut

**Belgian Waffle \$17.50**

with whipped cream and choice of:  
apple cinnamon, chocolate chips, peach &  
pecans, blueberries or strawberries &  
chocolate

**French Toast \$17.50**

with whipped cream and choice of:  
apple cinnamon, chocolate hazelnut,  
caramel banana nut, strawberries or  
mascarpone peaches

## benedicts

served with skillet potatoes or tomato slices  
on gluten free toast

**Eggs Shannon \$18.75**

2 poached eggs, andouille sausage, topped  
with spicy shrimp & lobster etouffee

**Carolyn's \$17.95**

2 poached eggs, fresh avocado & tomato  
slices topped with piquant Creole sauce

Ask about more benedict choices  
Hollandaise contains trace of  
flour

## sandwiches

served with skillet potatoes

**Acadian BLT \$13.95**

Canadian bacon, lettuce, fresh tomato  
slices & mayonnaise on gluten free toast

**Grilled Cheese \$13.75**

Grilled cheddar cheese & Canadian bacon  
on gluten free toast

**Breggwich \$15.95**

2 fried eggs, Canadian bacon, grilled  
onions, tomato & lettuce on gluten free  
toast

**Wrap It Up \$15.95**

scrambled eggs, sausage, tomatoes, bell  
peppers & cheddar jack cheese in a gluten  
free tortilla served with salsa & skillet  
potatoes  
Add avocado for \$2.99

**Jamborito \$16.95**

spiced sausage & chicken jambalaya with  
lettuce in a gluten free tortilla served with  
skillet potatoes, pepper jelly & sour cream

## omelets

served with skillet potatoes OR tomato  
slices & gluten free toast

**The BIG Cheesy \$15.95**

cheddar, Monterey jack & parmesan

**Ham & Cheese \$16.75**

ham & cheddar jack cheeses

**Crab Asparagus \$17.95**

crabmeat, grilled asparagus & cheddar  
jack cheeses

**Rajun Cajun \$17.75**

spicy andouille sausage, mushrooms,  
onions, bell peppers, pepper jack cheese &  
Creole mustard

**Western \$16.95**

ham, tomatoes, green onion & cheddar  
jack cheeses

**Spinach \$16.95**

fresh grilled spinach & cheddar cheese

**Green Eggs Ham \$16.95**

spinach, green peppers, green onions, ham  
& cheddar jack cheeses with salsa verde

**Veggie \$16.75**

mushrooms, bell peppers, onions, tomatoes  
& cheddar jack cheeses

**Jambalaya \$16.95**

chicken, andouille sausage & cheddar jack  
cheeses topped with Creole sauce

**White Out \$17.50**

egg white omelet stuffed with fresh grilled  
spinach & feta cheese

## grits

**Cheesy Garlic \$ 6.10**

**Canadiana \$ 6.10**

**Red Neck \$17.50**

cheesy garlic grits with fricassee'd ham &  
eggs topped with bacon red eye gravy &  
gluten free toast

Please inform your server if you are celiac

## hearty

served with gluten free toast

**NOLA Skillet \$18.95**

2 eggs any style, bacon, Canadian bacon,  
grilled tomato, skillet potato & pancake

**Cowboy Hash \$18.95**

skillet potatoes, bacon, onions & scrambled  
eggs topped with cheddar jack cheese &  
pancake

**Sufferin' Succotash \$18.95**

2 eggs any style, corned beef hash, skillet  
potatoes & pancake

**Starvin' Marvin \$19.95**

6oz sirloin steak, 3 eggs any style, grilled  
tomato slice & skillet potatoes

**Classic Canadian \$16.95**

skillet potatoes, onions, mushrooms, bell  
peppers & tomatoes with pancake

**Smoked Salmon \$17.95**

Pacific wild smoked salmon, cream cheese,  
red onion & capers on gluten free toast

**Oatmeal Brulee \$14.50**

gluten free hot oatmeal topped with French  
vanilla yogurt and choice of fresh banana  
slices OR seasonal berries

**Granola Parfait \$12.95**

seasonal fresh berries, French vanilla  
yogurt & granola (\*\*may contain)

**Continental \$16.75**

seasonal fresh berries, French vanilla  
yogurt & gluten free toast

## eggs

any style with gluten free toast

**One Egg \$8.45**

**Two Eggs \$10.35**

**Three Eggs \$11.65**

Add: bacon, Canadian bacon, sausage or ham  
for \$2.25

Add: andouille sausage, avocado or grits \$2.99

Add: side Pacific smoked salmon \$7.99

breakfast available until 2pm daily